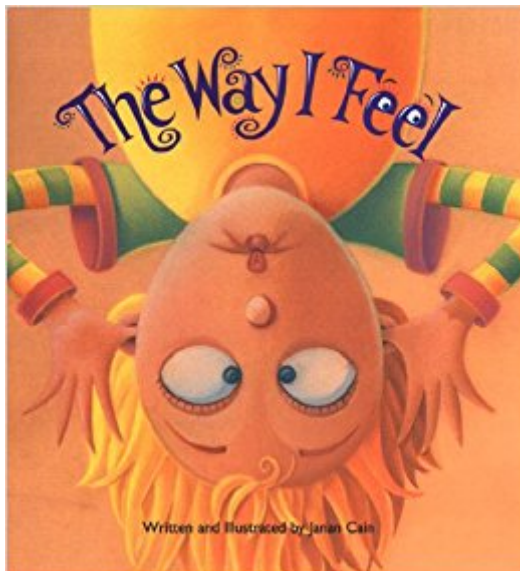


The book was found

# The Way I Feel



## Synopsis

Feelings are neither good nor bad, they simply are. Kids need words to name their feelings, just as they need words to name all things in their world. *The Way I Feel* uses strong, colorful, and expressive images which go along with simple verses to help children connect the word and the emotion. Your child will learn useful words, and you will have many chances to open conversations about what's going on in her/his life. Recommended by parents, teachers and mental health professionals, *The Way I Feel* is a valuable addition to anyone's library. This book is ideal for children with autism. (Ages 2-8)

## Book Information

Hardcover: 32 pages

Publisher: Parenting Press; 1 edition (January 1, 2000)

Language: English

ISBN-10: 1884734715

ISBN-13: 978-1884734717

Product Dimensions: 9.2 x 0.4 x 10.2 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 278 customer reviews

Best Sellers Rank: #2,400 in Books (See Top 100 in Books) #47 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings #569 in Books > Reference

Age Range: 3 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

First-time author and artist Cain treads familiar ground here with a picture book that pales in comparison to Jamie Lee Curtis's subtler and snappier *Today I Feel Silly*. From scared to shy, bored to jealous, Cain covers the emotional waterfront in a series of rhymes paired with pastel pencil drawings featuring elflike children. The opening spread, "silly" ("Silly is the way I feel when I make a funny face/ and wear a goofy, poofy hat that takes up lots of space"), casts a child in a rainbow-colored clown outfit against a sunny yellow backdrop and heralds the book's main artistic conceit: a palette picked to suit each mood. "Bored," for instance, is played out on a background of drab tans and browns, while "angry" steams with fiery reds and purples. Though energetic and bright, the cartoonlike illustrations skate close to being strident, while the verses are pedestrian

("Sometimes I feel so very sad and really don't know why./ Instead of playing and having fun, I cry and cry and cry"). Ages 4-8. (Nov.) Copyright 2000 Reed Business Information, Inc.

Book Clubs Scholastic Inc.'s SeeSaw, Trumpet, Firefly and Carnival clubs

Warning. I bought this to replace my paperback version. I thought it would be better to have a board book that would be less destructible. As it turns out, this version of the book is missing: Bored Disappointed, and Jealous. After reading it the first time my boys immediately let me know which ones were missing. These are feelings that were ideal for reading this book initially but I will have to return this book because I am disappointed. The full version of this book would get 5 stars.

This is one of my son and I's favorite books! I love that it teaches emotions in an easy-to-understand way with amazing illustrations and fun rhymes. The board book has an emotion or two less than the regular book (jealousy is missing, I know for sure) but it's worth it so my 2 year old can't rip the pages :)

Wonderfully written and illustrated book that, in my experience as a music therapist, kids find helpful for putting words with their feelings. The pictures help to capture some of the feelings that are talked about. Each contains a different feeling as well as an illustration and talks about a situation that happened to elicit this feeling. I have found that a few of the feelings are a bit abstract for smaller kids (bored and disappointed), but the rest of the feelings in the book more than make up for the two that are abstract.

The Way I Feel is a book that my four-year-old just loves. This book was how I introduced a conversation about feelings. While reading and after reading this book, my son and I discussed the various different types of feelings, what can cause these numerous feelings to occur, and how feelings are not good or bad, but that they just are. This book is one of the best books I have ever bought from , and trust me, I've bought hundreds. I say it's one of the best due to the intuitive conversations about feelings and emotions that were initiated simply by reading this book. The great thing about it, is that whenever we read this book, my four-year-old has something new and insightful to say about feelings. I purchased The Way I Feel for just pennies through an seller, who then delivered a copy in great condition just days after my order was made.

My 3 year old adores this book and loves to make the faces he sees displayed on the pages of the book! Its a great book and goes through several different emotions that I hadn't even thought of! Great read!

This is good for younger kids to help them get used to labels for feelings. However, for older toddlers who need help better recognizing what each emotion feels like and how to deal with it, not so much.

My 5 year old just started kindergarten and was having trouble expressing his feelings...so he would get mad and hit instead. I was pretty happy when I found this book online. I figured it was worth a try! My son LOVES this book! We read it all the time. He asks me to read it to him numerous times in a row. I have noticed improvement in his behavior at school and him being able to express what he is feeling instead of getting angry. Very happy with this book!

I bought this for my 3 yr. old. He loves it. I bought it to help him identify and describe what he's feeling. It's definitely helped with giving him the words he needs to express himself. It's short but its fun to act out the feelings on each page and make up your own little stories to go along with them. So, I actually think it's the perfect length. I like the bright images and big faces, which hold his attention. This would be a great book to keep in a calm down/safe place/time out spot.

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